Hampton Roads Academy

Think • Explore • Discover

2025-2026 SCHOOL PROFILE
CEEB CODE: 471533

739 Academy Lane, Newport News, VA 23602
(757) 884-9100 | hra.org

THE MISSION
Hampton Roads Academy is an inclusive community of service and compassion that prepares students to excel intellectually, artistically, physically, and morally in higher education and in life.

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Head of School

BENJAMIN ROUS
Assistant Head of School
Director of Upper School

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ACCREDITATION
Virginia Association of Independent Schools

MEMBERSHIPS
National Association of Independent Schools
Association of College Counselors in Independent Schools
National Association for College Admission Counseling
Potomac and Chesapeake Association for College Admission Counseling

THE SCHOOL AND STUDENTS
Hampton Roads Academy is an independent, co-educational, college-preparatory day school serving approximately 630 students in grades Pre-K through twelve. The average class size is 14, and there are 47 students in the Class of 2026.

We aim to cultivate well-rounded, independent learners who are prepared for the rigors of college and beyond. By fostering critical thinking, problem-solving skills, and a sense of responsibility, we ensure that students are equipped to navigate both academic and real-world challenges with confidence and competence.

ACADEMIC MEMBERSHIPS
Cum Laude Society since 1971
Mu Alpha Theta Mathematics Honor Society
National Art Honor Society
Tri-M Music Honor Society

CLASS RANK
We believe the student experience cannot be captured in a class ranking; therefore, we do not rank. A grade distribution is provided to assist in the evaluation of academic performance.

EXTRACURRICULAR LIFE
With 33 athletic teams and over 35 clubs and student organizations, Hampton Roads Academy encourages development in all aspects of a student's life.

COMMUNITY SERVICE REQUIREMENT
There is a 40-hour community service requirement, though most students go well beyond it.

THE HONOR SYSTEM
The Honor Council at Hampton Roads Academy administers the Honor Code to foster a trustworthy community, nurture individual integrity, and encourage personal responsibility in students.

GRADUATION REQUIREMENTS
22 academic credits:
English - 4, History - 3.5, Math - 3, Science - 3, Fine Arts - 1.5, Foreign Language - 3, Physical Education - 1.5*, Electives - 2.5

*P.E. requirements can be met through both classroom and athletic team participation.

STATEMENT ON ADVANCED PLACEMENT AND HONORS COURSES

HRA's rigorous academic program is designed to challenge students while fostering balance between academics and life outside the classroom. To support this approach, we recommend students take no more than three (3) Advanced Placement (AP) and Honors courses in the junior year and three (3) in the senior year.

All students enrolled in an AP course are required to sit for the corresponding examination. AP and Honors courses are not offered in the freshman year. In the sophomore year, Honors courses are available in math and science, and students may also take AP World History. GPA weighting is 0.66 for an AP course and 0.33 for an Honors course.

HONORS COURSES:

- Multivariable Calculus (highest math class offered)
- Calculus (students prepared for AP Calculus AB exam)
- Precalculus
- Algebra II/Trigonometry
- Photo Design and Drawing
- Chemistry
- French
- Spanish

19 ADVANCED PLACEMENT COURSES:

- Biology (double block)
- Chemistry (double block)
- Environmental Science
- Physics 1
- Physics 2
- Calculus BC
- Statistics
- French
- Latin
- Spanish
- English Language and Composition
- English Literature & Composition
- Comparative Government
- Psychology
- U.S. Government & Politics
- U.S. History
- World History
- 2D Art Design
- Studio Art Drawing

AP RESULTS

YEARS	NUMBER OF STUDENTS	NUMBER OF EXAMS	3	4	5
2025	104	247	61	84	68
2024	99	240	68	78	56
2023	104	244	79	60	64
2022	119	277	102	82	43
2021	123	282	88	83	36

SIGNATURE PROGRAMS

CHRISTOPHER NEWPORT UNIVERSITY (CNU) SUMMER RESEARCH FELLOWS

Interested students apply to participate in the CNU Summer Research Fellows undergraduate research program in a wide variety of academic disciplines. Selected applicants then join a research team with a CNU faculty member, culminating in a research presentation at a symposium on the CNU campus.

THE PHILANTHROPY COMMITTEE

The Philanthropy Committee teaches students how to evaluate grant requests and fund the various projects of local organizations. Students not only learn about the challenges faced by community non-profits but also learn how to determine proposed project viability based on sustainability, management, and story.

REAL-WORLD EXPERIENCE AND ACADEMIC CHOICE (REACH) INITIATIVE

The REACH Initiative enables students to engage in real-world learning through mentorships, internships, summer jobs, and community engagement, as well as offering students with an identified passion the opportunity to pursue a directed course of academic study in one of five focus areas: Applied Science and Technology, Environmental Science and Outdoor Leadership, Global Studies, Health Science, and the Fine Arts.

RESEARCH METHODS AND BIOTECHNICIAN ASSISTANT CREDENTIALING EXAM (BACE)

The Research Methods course is designed to teach, encourage, and guide students as they conduct and present original research. In addition to generating their original work, students work on projects in partnership with universities around the country. Research Methods students are eligible to participate in our BACE program, giving them the skills and credentials they need for employment in the biotech industry.

Allegheny College
American Academy of Dramatic Arts
American Musical and Dramatic
    Academy
American University
Appalachian State University
Arcadia University
Arizona State University
Auburn University
Averett University
Babson College
Bard College
Baylor University
Belmont University
Bethany Lutheran College
Boston College
Boston Conservatory at Berklee
Boston University
Brandeis University
Bridgewater College
Brown University
Bryn Mawr College
Bucknell University
Butler University
California Polytechnic State University,
    San Luis Obispo
Case Western Reserve University
Catholic University of America
Centre College
Christopher Newport University
Chowan University
Clemson University
Cleveland Institute of Art
Coastal Carolina University
Colby College
Colgate University
College of Charleston
College of the Holy Cross
Colorado School of Mines
Columbia College Chicago
Connecticut College
Cooper Union for the Advancement
    of Science & Art
Cornell University
Creighton University
Dartmouth College
Davidson College
DePaul University
Dickinson College
Drexel University
Duquesne University
East Carolina University
Elon University
Emerson College
Emmanuel College
Emory & Henry College
Emory University
Fairfield University
Fayetteville State University
Ferrum College
Florida Agricultural and Mechanical
    University
Florida Atlantic University
Florida Gulf Coast University
Florida Southern College
Florida State University
Fordham University
Franklin and Marshall College
Full Sail University
Furman University

George Mason University
George Washington University
Georgetown University
Georgia Institute of Technology
Georgia State University
Gettysburg College
Greensboro College
Hamilton College
Hampden-Sydney College
Hampton University
Haverford College
Hawaii Pacific University
High Point University
Hofstra University
Hollins University
Howard University
Illinois Institute of Technology
Indiana University Bloomington
Iowa State University
Ithaca College
Jackson State University
James Madison University
Johns Hopkins University
Kansas State University
La Salle University
Lafayette College
Lehigh University
Liberty University
Long Island University
Long Island University - Post
Longwood University
Loyola University Chicago
Loyola University Maryland
Lycoming College
Lynn University
Marist College
Mary Baldwin University
Maryland Institute College of Art
Marymount Manhattan College
Marymount University
Massachusetts College of Art and Design
Massachusetts Institute of Technology
McDaniel College
McGill University
Miami University
Michigan State University
Middlebury College
Millersville University of Pennsylvania
Mississippi State University
Muhlenberg College
New York University
Norfolk State University
North Carolina A&T State University
North Carolina State University
Northeastern University
Occidental College
Ohio University
Oklahoma State University
Old Dominion University
Pace University
Penn State Abington
Penn State Altoona
Penn State Beaver
Pennsylvania State University
Point Park University
Pratt Institute
Princeton University
Purdue University
Queen's University Belfast
Queens University of Charlotte

Quinnipiac University
Radford University
University of Delaware
University of Denver
University of Georgia
Randolph College
Randolph-Macon College
Reed College
Regent University
Rensselaer Polytechnic Institute
Rhodes College
Rider University
Ringling College of Art and Design
Roanoke College
Rochester Institute of Technology
Roger Williams University
Roosevelt University
Rowan University
Rutgers University-New Brunswick
Rutgers University-Camden
Saint Louis University
Salve Regina University
Savannah College of Art & Design
Seton Hall University
Sewanee: The University of the South
Shenandoah University
Siena College
Skidmore College
South Carolina State University
St. John's College
St. Mary's College of Maryland
Stony Brook University
Stillman College
SUNY Buffalo State University
SUNY Cobleskill
SUNY Purchase College
Susquehanna University
Swarthmore College
Syracuse University
Temple University
The George Washington University
The Ohio State University
The University of Alabama
The University of Edinburgh
The University of Texas at Austin
Thiel College
 Towson University
Trinity University
Trinity Washington University
Tulane University
Union College
United States Air Force Academy
United States Coast Guard Academy
United States Military Academy
United States Naval Academy
University at Buffalo
University of Arizona
University of Arkansas
University of Bristol
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, Riverside
University of California, San Diego
University of California, Santa Barbara
University of California, Santa Cruz
University of Colorado Boulder
University of Colorado Denver
University of Connecticut
University of Glasgow

University of Hartford
University of Hawaii at Manoa
University of Illinois Urbana-Champaign
University of Kentucky
University of Louisville
University of Lynchburg
University of Maine
University of Manchester
University of Mary Washington
University of Maryland
University of Maryland, Baltimore County
University of Massachusetts Amherst
University of Massachusetts Boston
University of Massachusetts Lowell
University of Miami
University of Michigan
University of Minnesota Twin Cities
University of Missouri-Kansas City
University of Mississippi
University of New Hampshire
University of North Carolina at
    Chapel Hill
University of North Carolina Asheville
University of North Carolina Charlotte
University of North Carolina Wilmington
University of North Dakota
University of Notre Dame
University of Pittsburgh
University of Rhode Island
University of Richmond
University of Rochester
University of San Diego
University of San Francisco
University of South Carolina
University of South Florida
University of St. Andrews
University of Stirling
University of Tampa
University of Tennessee, Chattanooga
University of Tennessee, Knoxville
University of Toronto
University of Utah
University of Vermont
University of Virginia
University of Virginia's College at Wise
University of Washington
University of West Alabama
University of Wisconsin-Madison
University of Wyoming
University of York
Villanova University
Virginia Commonwealth University
Virginia Military Institute
Virginia Polytechnic Institute and State
    University
Virginia State University
Virginia Wesleyan University
Wake Forest University
Warren Wilson College
Washington and Lee University
Washington College
Webster University
Wentworth Institute of Technology
Wesleyan University
West Virginia University
William & Mary
Winston-Salem State University
Wofford College
Worcester Polytechnic Institute